



R-SEGA

Robotic Surgical Excellence in Gynecology

Advanced Training Workshop

5-7 February 2026 Athens



Day 1

 **Thursday**
February 5, 2026

Event A – Venue: Metropolitan General

Live Case Observation – Metropolitan General Hospital – Dr. N. Plevris

08:00 – 12:00	Group I
12:00 – 16:00	Group II

Event B – Venue: ISLE ACADEMY

• Robotic systems Technology & training Pathway	ISLE Academy Trainers
• Uterine manipulator and bedside assistance efficiency	Cooper Surgical Trainers
• OR Setup	ISLE Academy Trainers
• Docking and port placement Da Vinci X and Da Vinci Xi	ISLE Academy Trainers
• Robotic Instruments and Scrub Table Setup Discussion	ISLE Academy Trainers
• Warm Up Exercises on SIM	ISLE Academy Trainers

08:00 – 12:00	Group I
12:00 – 16:00	Group II

Day 2



Friday

February 6, 2026

Venue: ISLE ACADEMY

08:00 – 08:15	Registration	
08:15 – 08:30	Welcome & Introduction	A. Karava
08:30 – 09:10	Surgery in complex benign gynecology	Dr. N. Plevris
09:10 – 09:30	Greetings from the Hellenic Robotic Gynecological Society (HERGS)	HERGS President
09:30 – 09:45	ERAS protocol in robotic surgery	Dr. M. Sakellariou
09:45 – 10:00	Endometriosis and non oncological use of ICG	Dr. P. Angelidis
10:00 – 10:15	Scientific activity of the 1 st Department Metropolitan General Hospital	Dr. E. Zachariou
10:15 – 10:30	Coffee Break	
10:30 – 13:30	Robotic surgical procedures (applied on Gynesim Models) Rotational Groups <ul style="list-style-type: none">• Workstation 1: Myomectomy / Myomectomy defect suturing• Workstation 2: Oophorectomy / Salpingectomy / Peritoneal biopsy• Workstation 3: Hysterectomy on SIM (Guided)• Workstation 4: New techs in GYN surgery• Workstation 5: VR in robotic surgery training (camera control)	
13:30 – 14:30	Lunch	
14:30 – 17:30	Robotic surgical procedures (applied on Gynesim Models) Rotational Groups <ul style="list-style-type: none">• Workstation 1: Myomectomy / Myomectomy defect suturing• Workstation 2: Oophorectomy / Salpingectomy / Peritoneal biopsy• Workstation 3: Hysterectomy on SIM (Guided)• Workstation 4: Low abdominal pressure in minimal invasive surgery• Workstation 5: VR in robotic surgery training (cutting & dissecting)	
17:30 – 18:00	Day 2 Wrap Up	

Day 3

 **Saturday**
February 7, 2026

Venue: ISLE ACADEMY

08:00 – 08:15	Welcome	
08:15 – 08:30	Robotic surgery in Gynecology Oncology: Endometrial cancer and Sentinel Lymph Node	Dr. I. Billiatis
08:30 – 09:10	Robotic surgery in Gynecological Oncology: Paraaortic lymphadenectomy and training opportunities for robotic surgery	Dr. S. Fernandez
09:10 – 09:30	Emergency Undocking in Robotic Surgery	Dr. M. Manpreet Kaur
Emergency Undocking Scenarios		
09:30 – 09:40	Cardiac or respiratory arrest	
09:45 – 10:00	Hemorrhage	
10:00 – 10:15	System failure – Instrument fault	
10:15 – 10:30	Coffee Break	
10:30 – 13:30	Robotic surgical procedures (applied on Gynesim Models) Rotational Groups <ul style="list-style-type: none">• Workstation 1: Myomectomy / Myomectomy defect suturing• Workstation 2: Oophorectomy / Salpingectomy / Peritoneal biopsy• Workstation 3: Hysterectomy on SIM (free handed)• Workstation 4: Contained morcellation• Workstation 5: VR in robotic surgery training (wrist articulation)	
13:30 – 14:30	Lunch	
14:30 – 17:30	Robotic surgical procedures (applied on Gynesim Models) Rotational Groups <ul style="list-style-type: none">• Workstation 1: Myomectomy / Myomectomy defect suturing• Workstation 2: Oophorectomy / Salpingectomy / Peritoneal biopsy• Workstation 3: Hysterectomy on SIM (free handed)• Workstation 4: Contained morcellation• Workstation 5: VR in robotic surgery training (needle manipulation)	
17:30 – 18:00	Wrap Up of the Course – MCQ Test - Evaluation	

Faculty & Trainers

Dr. Nikolaos Plevris

Professional title: Director of the 1st Gynecology Clinic, Department of Robotic and Laparoscopic Surgery

Organization/Institution: Metropolitan General Hospital, Athens, Greece

Dr. Ilias Tsakos

Professional title: Scientific Director, Obstetrician – Surgeon – Gynecologist

Organization/Institution: Embryoclinic

Dr. Pantelis Angelidis

Professional title: Surgeon Gynecologist – Obstetrician

Address: 6 Perikleous St., 15122 Marousi, Athens

Dr. Ioannis Biliatis

Professional title: Consultant Gynecological Oncologist University Hospitals Dorset, UK; Academic Fellow of the 2nd University Obstetrics/Gynecology Clinic at Aretaieio Hospital

Dr. Maria Sakellariou

Professional title: Obstetrician-Gynecologist, Consultant of the 1st Gynecology Clinic – Department of Robotic and Laparoscopic Surgery

Organization/Institution: Metropolitan General Hospital, Athens, Greece

Dr. Eleftherios Zachariou

Professional title: Obstetrician-Gynecologist, Consultant of the 1st Gynecology Clinic – Department of Robotic and Laparoscopic Surgery

Organization/Institution: Metropolitan General Hospital, Athens, Greece

Dr. Manou Manpreet Kaur

Professional title: Consultant Gynecological Surgeon, Robotic Surgeon

Organization/Institution: Chelsea and Westminster Hospital, NHS

Dr. Sergi Fernández

Professional title: Associate Professor, Barcelona University, YEARS President, ESGO Gynecological Oncologist, Gynecology service, Gynecologic Cancer Investigator, IDIBELL;

Organization/Institution: Bellvitge University Hospital, Barcelona, Spain

Angeliki Karava

Professional title: Business Director

Organization/Institution: ISLE Academy, Athens, Greece

Alexandros Sgouridis

Professional title: Scientific Office

Organization/Institution: ISLE Academy, Athens, Greece

Dimitrios Anagnostopoulos

Professional title: Scientific Office

Organization/Institution: ISLE Academy, Athens, Greece

Vassia Schiza

Professional title: Scientific Office

Organization/Institution: ISLE Academy, Athens, Greece

Ioannis Karpathakis

Professional title: Scientific Office

Organization/Institution: ISLE Academy, Bucharest, Romania